






# INITIAL ASSESSMENT OF LIFE THREATENING CONDITIONS FOR HOSPITAL STAFF



## ICRC

### CATASTROPHIC BLEEDING: <g>ABCDE

Direct pressure/tourniquet

	A	B	C	D	E
	<b>AIRWAY</b>	<b>BREATHING</b>	<b>CIRCULATION</b>	<b>DISABILITY</b>	<b>EXPOSURE</b>
					
	<b>ASSESSMENT</b>	<b>ASSESSMENT</b>	<b>ASSESSMENT</b>	<b>ASSESSMENT</b>	<b>ASSESSMENT</b>
	<ul style="list-style-type: none"> <li>Is the patient talking?</li> <li>Look and listen for signs of airway obstruction: stridor/gurgling/snoring</li> <li>Expose the chest. Look, feel, percuss, auscultate for signs of respiratory distress</li> <li>Position of trachea, RR, sats, AEG</li> </ul>	<ul style="list-style-type: none"> <li>Level of consciousness</li> <li>Skin colour, temp, pulse (radial, femoral), BP, ECG</li> <li>Capillary refill time, heart sounds</li> </ul>	<ul style="list-style-type: none"> <li>Consciousness (AVPU/GCS)</li> <li>Pupils, motor function, blood glucose</li> <li>Patient medications</li> </ul>	<ul style="list-style-type: none"> <li>Completely undress: examine front to back</li> <li>X-Rays</li> </ul>	
	<b>EXCLUDE</b>	<b>EXCLUDE</b>	<b>EXCLUDE</b>	<b>EXCLUDE</b>	<b>EXCLUDE</b>
	Airway obstruction	Pneumothorax Haemothorax	Haemorrhage	Hypoglycaemia Alcohol abuse Drug reactions	Hypothermia
	<b>INTERVENTIONS TO CONSIDER</b>	<b>INTERVENTIONS TO CONSIDER</b>	<b>INTERVENTIONS TO CONSIDER</b>	<b>INTERVENTIONS TO CONSIDER</b>	<b>INTERVENTIONS TO CONSIDER</b>
	<ul style="list-style-type: none"> <li>Airway opening manoeuvres/ adjuncts/definitive airway control</li> <li>High flow oxygen and suction</li> <li>C-spine protection</li> </ul>	<ul style="list-style-type: none"> <li>Oxygen</li> <li>Bag-Valve-Mask ventilation</li> <li>Needle decompression</li> <li>Chest tube insertion</li> </ul>	<ul style="list-style-type: none"> <li>Stop bleeding</li> <li>IV access + take blood</li> <li>Restore volume: IV fluids + blood</li> <li>Target systolic BP ~90 (except in case of head injury)</li> </ul>	<ul style="list-style-type: none"> <li>Antidotes</li> <li>Glucose</li> <li>Avoid hypotension</li> </ul>	<ul style="list-style-type: none"> <li>Warm the room</li> <li>Warm IV fluids/blood</li> <li>Cover patient</li> <li>Consider analgesia</li> </ul>
	Then move onto secondary survey...				